

Salsa Moves Level 3

Boomerang (open pos), CBL to RL
Pretzel, 2 ways, (open pos), hammerlock WRT
Octopus (open pos) 2 hand WRT, BB
Double CBL (closed pos)
Double CBL RR
Coca Cola (closed pos), shoulder turn, double CBL
Tornado (open pos), BB
Short Tornado (open pos), BB
Overcoat RR, WRT
Tunnel (open pos), CBL to sweetheart
Slingshot (open pos), BB to sweetheart
Ballistic Sit RL, WRT
Shoulder turn combo (closed pos) CBL
CBL with WRT (open pos)
Sweet Combo X-hands, WRT, CBL, double WRT,
MLT, loop
Nuevo York (open pos), LR, WRT etc
Copas RR
X-hands, WRT
Open Position WRT
Embrace turn X-hands alt turns, alt hammerlock
Right and left turns
Triple Combo Alt turns stopped, X-hands dbl WRT
Dips CBL WLT dip
Choke dip
Sweep the floor dip

Waist turn combo X-hands, WRT, CBL, Titanic,
CBL, hammerlock unwind, MLT, waist turn
Multiple turns RR, 1x3x3
RR, 1x multiple lefts, end with dip or
hammerlock