

Level 1 Combinations

Alternating turns

Woman's right turn

Man's right turn

Woman's right turn

CBL (closed position)

Opening up

CBL w woman's left turn

Man's right turn

Woman's right turn

CBL

Sweetheart cross

Basic

Out of the way w free spin

Shines

Man

Left turn

side step cross 2x

slide

Woman

Half basic

Suzi Q 2x

slide

Cumbia

Woman's right turn w hammerlock

Back break

Disco turns 2x

enchufala doble (catch)

waist turn left

Waist turn right

hammerlock

underarm

basic

Windmill

Windmill

catches

hammerlock

enchufala

basic

CBL w shoulder turn

CBL to sweetheart

Unwind

basic